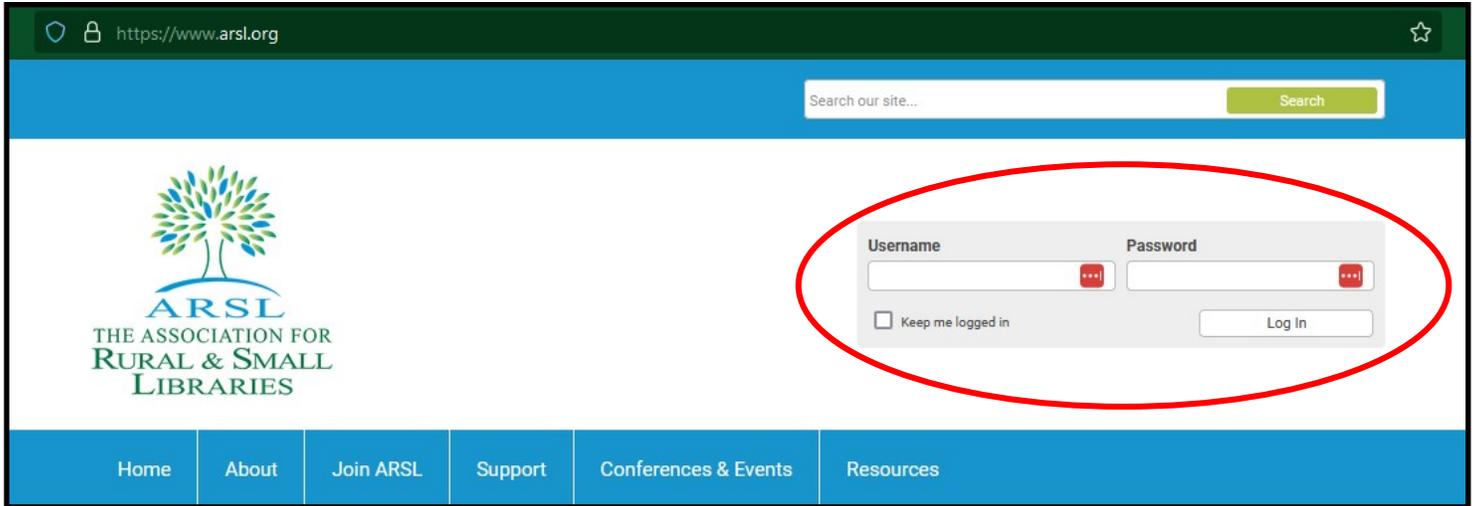
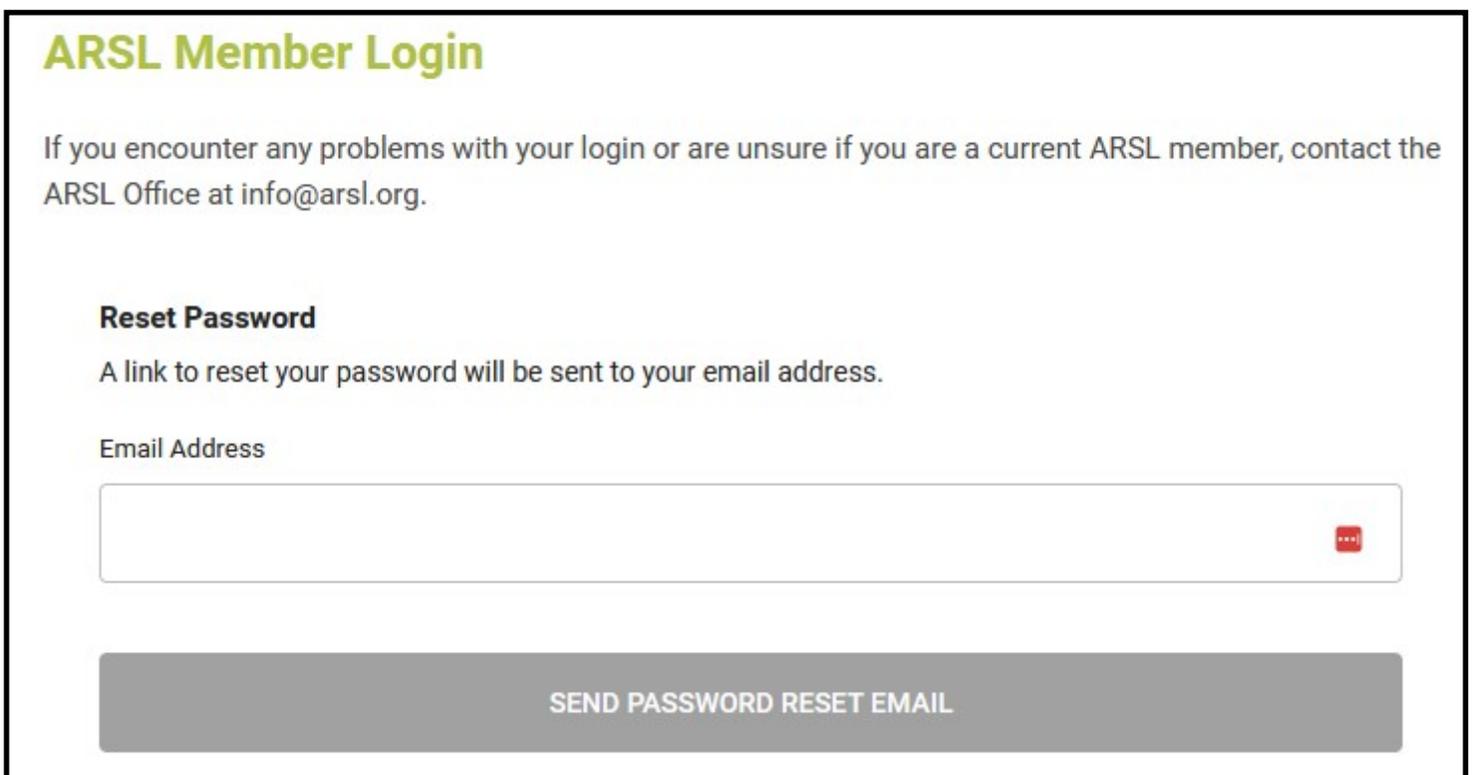
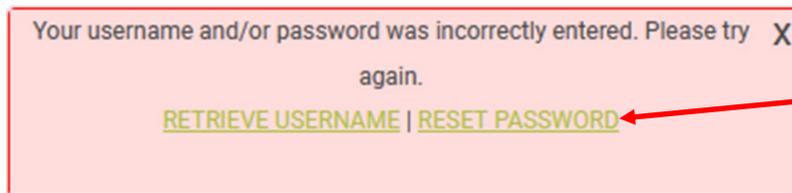


# Accessing Your Membership Communications & Security Settings

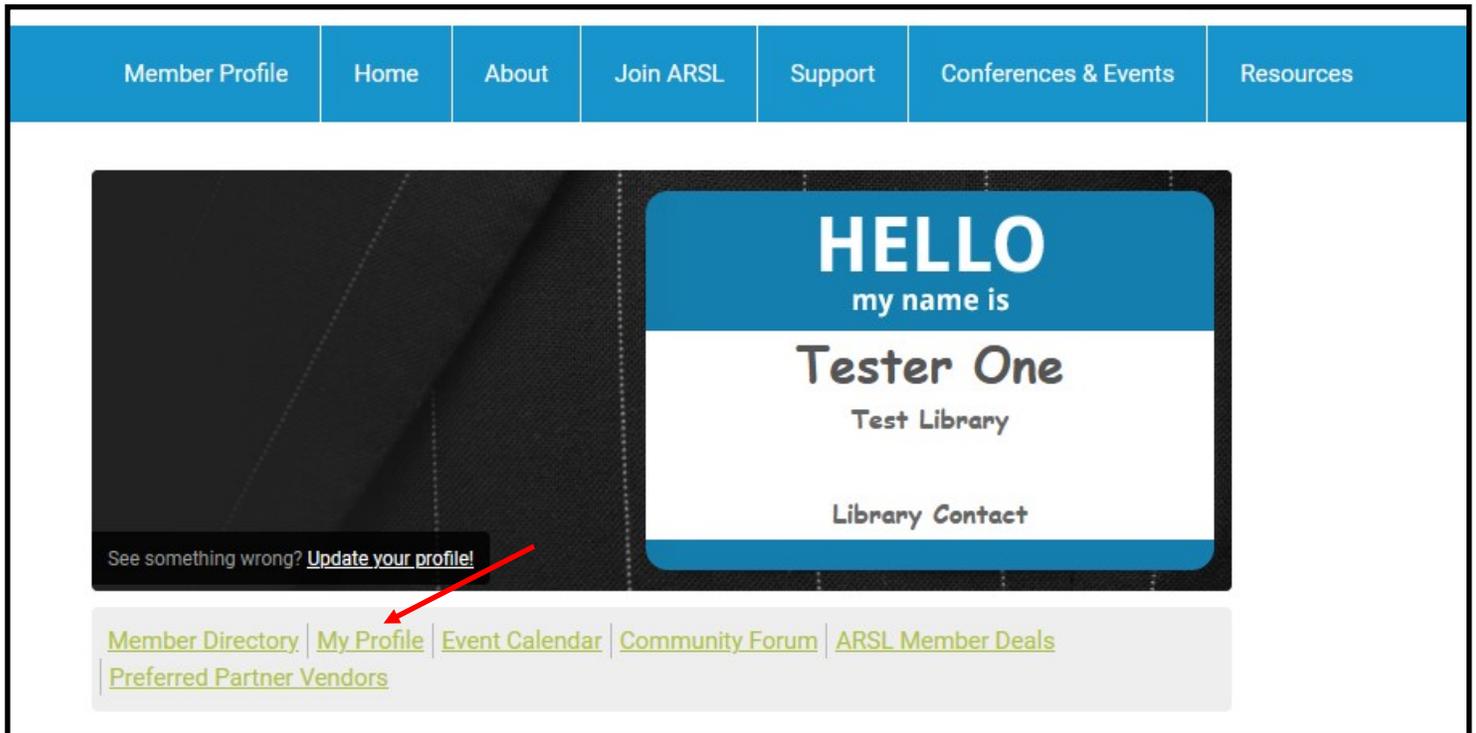
1. On the ARSL homepage (<https://www.arsl.org>) enter your ARSL Username and Password to log in to your member profile. Except in rare circumstances your Username will be the email address you used to establish your ARSL membership.



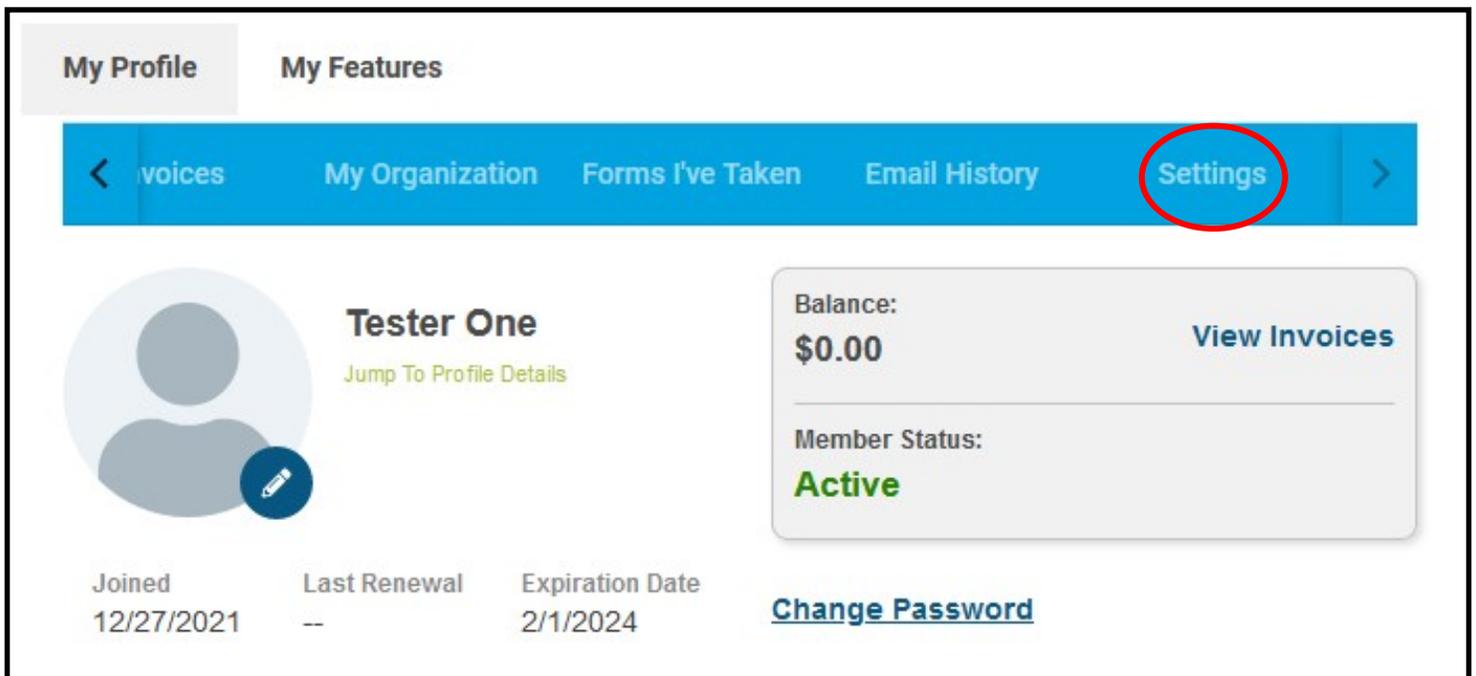
2. If you are unsure of your password, you can click the Log In button without entering anything in the Username or Password fields to access the Reset Password link. This link will also appear if you enter your password incorrectly. Click it to initiate the password reset process.



3. On the member landing page, click the green “My Profile” link to access your member profile.



4. Click the Settings button in the blue My Profile menu to view your communications & security settings. You may need to use the “>” scroll button on the My Profile menu to locate the Settings button.



3. If you need to update your password, click the **“Reset your password” link** to generate a password reset email.
4. To turn off mailing lists (such as the ARSL Office Dispatch) but **continue receiving e-list messages** slide the **Mailing Lists toggle** to the left. This will stop you from receiving email notifications sent to the full membership, or to a subset of the membership, that aren’t sent through the member e-lists.
5. To turn off **all emails, including e-list messages** click the **Unsubscribe button** in the Global Unsubscribe section. You can re-subscribe at any time by returning to this page and clicking the **Send a confirmation email to resubscribe button** (see bottom of page).
6. You will still receive form submission confirmations, renewal notices, and invoice notices at all levels of communication subscription.

### Settings

#### Change Password

[Reset your password](#)

#### Contact Preferences

Control which type of communication you receive

#### Mailing Lists

Receive newsletters, announcements and updates from this organization.

#### Forum Subscriptions

Name	Description	Notification
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#### Global Unsubscribe

Unsubscribing will stop all emails that are not form confirmations and renewal notices, regardless of settings.

[fake@email.address](#) [Unsubscribe](#)

#### Global Unsubscribe

Unsubscribing will stop all emails that are not form confirmations and renewal notices, regardless of settings.

[fake@email.address](#) [Send a confirmation email to resubscribe](#)